My Child has difficulties with social, emotional health or mental health

This section includes all those young people who experience short but significant periods of high anxiety, stress, distress or anger that affect their education. It also includes young people who have a range of longer-term recognised mental health conditions. For both groups, issues can include:

- Forming and maintaining relationships
- Bereavement
- Attitudes to attainment
- Attendance
- Self-esteem
- Life outside school

What can we offer?

**All students can access**
- Quality First teaching with appropriate differentiation (including best SEN practice and Mainstream Minimum Core Standards).
- Access to homework club
- Access to assessment for identification of significant needs.
- Dedicated and caring staff who value all students regardless of ability.
- Whole school Reward System.
- Whole school policy for behaviour management with graduated response.
- Transition support.
- Anti-bullying policy.
- Support with career pathways and applications to further and higher education.
- Wellbeing room.
- Kooth.com, online counselling and support through forums and articles.

**Targeted support for small groups may include**
As for all students, plus:
- Intervention groups (all years)- behaviour/social skills/mindfulness/self-esteem/stress management/ anger management
- In-class support in some lessons from a learning mentor

**Support for individual students may include**
As for all students, plus:
- 1:1 mentoring by staff
- 1:1 mentoring by a trained peer mentor
- Counselling.
- Outside agency input (e.g. Educational Psychologist, Specialist Teaching Service, Early Help, CAMHS...)
- In-class support from a learning mentor.
- Personal Support Plan
- Homework support with a learning mentor.
- Head of Year support.